

myTAP™

Sleep soundly tonight and have a better tomorrow.
The diagnostic testing appliance myTAP™: immediate,
simple, affordable, continuously variable and fits perfect.



- // **Immediate fitting**
Individual fitting in the practice takes just 15 minutes.
- // **Simple application**
Just soak the two splints shortly in hot water, fit them and adjust protrusion – that's it.
- // **Sophisticated construction**
Splints and adjustment mechanism are delicate and light. No metal parts, no allergenic potential, no disturbing components in the tongue cavity.
- // **Continuously variable**
myTAP™ allows complete lateral mobility and a range of advancement of 20 mm.

The myTAP™ concept

myTAP™ is a simple, patient-friendly treatment for snoring and sleep apnea. Construction and design are based on the TAP® splint, the market leader in oral anti-snoring appliances, having been tested in more than 32 independent peer reviewed studies on its clinical efficiency.

The myTAP™ material has been specially developed for this application and can be softened in hot water. The correct temperature for adaptation in the mouth is reached when the color changes from white to transparent. If necessary, the appliance can be reheated and refitted without any problem after some days of trial wearing.

More satisfied patients and additional revenue stream for your practice with myTAP™

With myTAP™ you can offer your patients the perfect way to get acquainted with anti-snoring and sleep apnea treatment:

- // Dental sleep medicine is a fast-growing field in dental medicine.
- // 1 in 4 patients in your practice suffer from snoring or sleep apnea.
- // Continuously variable bimaxillary appliances like myTAP™ have proven to be extremely successful in treating snoring and sleep apnea.
- // Just a few additional questions in your patient anamnesis will show whether your patient suffers from any symptoms of snoring or sleep apnea.
- // The testing appliance is individually fitted in 15 minutes, ensuring first care for your patient.

Delivery Program

// myTAP™ diagnostic testing appliance	1/10 pcs.	9070
// myTAP™ patient flyer		PM0061

How myTAP™ works

The myTAP™ splint maintains the lower jaw in a stable forward position, preventing the soft tissue in the palate and tongue cavity from narrowing the airway in the throat. Snoring and sleep apnea can be stopped resp. reduced.

By means of the threaded adjustment mechanism, the clinician can adjust the optimal forward position of the lower jaw, usually being about 60% of the maximum advancement. This position can be continuously adjusted at any time if necessary.

Is myTAP™ suited for a long-term treatment?

If control appointments clearly show that myTAP™ considerably reduced or even completely stopped snoring and sleep apnea of your patient, we recommend to prescribe an individually adjusted TAP® splint in cooperation with a sleep laboratory. myTAP™ completely consists of plastic elements, risking to lose their strength and function after a long-term use in the mouth due to water absorption and mechanical forces.

Get to know the key components of myTAP™

